

Tab 1

Dermatology Options

All Prices are member and non member

PRESCRIPTION MEDICATION OPTIONS

Anti Aging Prescription Ingredients:

Estriol supports skin thickness, elasticity, and moisture in aging or hormonally depleted skin

Tretinoin boosts cell turnover and collagen production to improve texture and fine lines ⚠️ pregnancy/breastfeeding/trying to conceive,, skin cancer

Alpha lipoic acid provides antioxidant protection and helps reduce visible signs of aging

Vitamin C brightens skin and supports collagen for firmer, more even tone

Sodium hyaluronate deeply hydrates and plumps skin to soften the appearance of wrinkles

Copper Peptide (GhK-cu)

- Stimulates **collagen and elastin production** to improve firmness
- Supports **skin repair and regeneration**
- Provides **antioxidant protection** against environmental stress
- Helps reduce the appearance of **fine lines and wrinkles**
- Promotes smoother, healthier-looking skin over time

Niacinamide

- Strengthens the **skin barrier** and improves moisture retention
- Helps reduce the appearance of **fine lines and wrinkles**
- Balances oil production and minimizes the look of **pores**
- Calms redness and supports a more **even skin tone**

Azelaic Acid

- Helps reduce **inflammation and redness**, ideal for sensitive or rosacea-prone skin
- Improves **uneven tone and hyperpigmentation**
- Gently exfoliates to smooth skin texture
- Helps keep pores clear and supports a **clear, calm complexion**

Prescription Products:

GHK-cu Mask - liquid mask (Foothill Pharmacy)

- \$199/month

ANTI-AGING S (ESTRIOL/TRETINOIN/ALPHA LIPOIC ACID/VITAMIN C w/ SODIUM HYALURONATE) (Strive Pharmacy)

- 30 gr - \$100
- 60 gr - \$140
- 90 gr - \$170

Aurora (Azelaic Acid/Estriol/Vitamin C w/HA) *Daytime* (Strive)

- 30 gr - \$95
- 60 gr - \$135
- 90 gr - \$160

GHK-Cu/Estriol/Tretinoin w/Niacinamide (needs refrigeration) Strive

- 30 gr - \$165
- 60 gr - \$225
- 90 gr - \$270

Vitality (Estriol/Tretinoin w/Niacinamide) (Strive)

- 30 gr - \$110

Puffy eyes

Puffy Eye Cream (CAFFEINE/GLYCOLIC ACID/TRIAMCINOLONE ACETONIDE/TRETINOIN)

10 gr - \$100 -

Acne - ingredients/ warnings and prescription products

Dapsone – Reduces inflammation and redness associated with acne and inflammatory skin conditions ⚠️ known sulfa allergy

Tretinoin – Increases cell turnover and collagen production to improve texture, acne, and fine lines ⚠️

Spirolactone – Helps reduce hormonal acne by blocking androgen activity in the skin ⚠️ pregnancy, kidney disease, ↑ potassium

Dexpantenol (Pro-Vitamin B5) – Soothes, hydrates, and supports skin barrier repair

Tranexamic Acid – Helps fade hyperpigmentation and even skin tone

Metformin – Supports regulation of insulin-related acne and inflammation when used in compounded skincare

Progesterone – Supports skin balance and hydration in hormonally influenced aging or acne ⚠️ pregnancy

Clindamycin – Reduces acne-causing bacteria and inflammation ⚠️ antibiotic associated Colitis

Benzoyl Peroxide – Kills acne-causing bacteria and helps unclog pores ⚠️ eczema, very dry skin

Acne Products

Clarity (Azelaic Acid/Clindamycin Phosphate/Tranexamic Acid w/Niacinamide)

- 30 gr - \$105
- 60 gr - \$155
- 90 gr - \$190

Clear Revive Blemish Care (Azelaic Acid/Benzoyl Peroxide/Clindamycin/Tretinoin w/Niacinamide)

- 30 gr - \$110
- 60 gr - \$140
- 90 gr - \$170

Flawless (Azelaic Acid/Metformin/Progesterone/Spirolactone)

- 30 gr - \$115
- 60 gr - \$155
- 90 gr - \$190

Radiance (Azelaic Acid/Clindamycin Phosphate/Tranexamic Acid/Dexpantenol/Tretinoin w/Niacinamide)

- 30 gr -
- 60 gr
- 90 gr

Skin Renewal Blemish Care (Dapsone/Spirolactone w/Niacinamide)

- 30 gr - \$110
- 60 gr - \$140
- 90 gr - \$170

Unblemished (Azelaic Acid/Clindamycin/Spirolactone)

- 30 gr - \$105
- 60 gr - \$155
- 90 gr - \$190

Rosacea Ingredients and Products

Ivermectin - Reduces inflammation and targets Demodex mites, commonly used for rosacea-prone and inflamed skin ⚠️ pregnancy

Metronidazole - Calms inflammation, reduces redness, and helps control rosacea and acne-related bacteria ⚠️ pregnancy

Calming (Azelaic Acid/Ivermectin/Metronidazole w/Niacinamide)

- 30 gr -t\$105
- 60 gr-\$155
- 90 gr -\$190

Rosa (Ivermectin/Metronidazole w/Niacinamide)

- 30 gr - \$100
- 60 gr- \$1140
- 90 gr -\$170

Atopic dermatitis/ Eczema

Naltrexone - Helps reduce inflammation and itch by modulating immune and neuroinflammatory pathways; used off-label for eczema and chronic inflammatory skin conditions ⚠️ do not take with opioid medications

Clobetasol- Rapidly reduces severe inflammation, redness, and itching in flares of eczema, psoriasis, and inflammatory dermatoses ⚠️ prolonged use

Triamcinalone - Reduces inflammation and itching in eczema, dermatitis, and allergic skin reactions ⚠️ prolong use

Aloe Vera - Soothes inflammation, deeply hydrates, and supports skin barrier repair, making it ideal for sensitive, irritated, aging, or compromised skin

Products

Clobetasol/Triamcinolone/Aloe Vera

- 30 gr - \$100
- 60 gr - \$130
- 90 gr - \$160

Naltrexone HCl (in PracaSil-Plus)

- 30 gr - \$130
- 60 gr - \$200

Keritosis Pillaris/ Cracked hard skin

Lactic Acid-Gently exfoliates, improves skin texture, supports hydration, and brightens uneven tone

Salicylic Acid - Unclogs pores, reduces inflammation, and helps manage acne, oily skin, and keratosis

Urea - Unclogs pores, reduces inflammation, and helps manage acne, oily skin, and keratosis

Skin Brightening (dark skin/ dark spots/ melasma)

Ascorbic acid - Brightens skin, stimulates collagen production, and provides antioxidant protection against environmental damage

Hydrocortisone - Reduces mild inflammation, redness, and itching from eczema, dermatitis, or allergic reactions

Kojic Acid - Brightens skin and helps fade hyperpigmentation by inhibiting melanin formation

Hydroquinone - Reduces hyperpigmentation by inhibiting melanin production, helping fade dark spots and uneven skin tone

Tab 2

